

WANT TO BE AN AWESOME PARENT?

...it's about Neuroscience!

PROVIDE A SAFE SPACE TO GROW...

Strict, well-managed plans don't work with kids & they're not the best thing for them. Young brains are designed to explore & older brains are designed to exploit. Your job is to shape the information they receive into a final product that will fit the plan you had in mind. Don't build them into your robot!



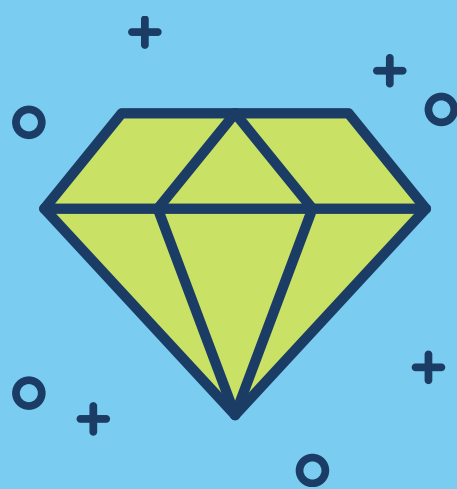
UNDER 6? LET THEM PLAY...

Exploratory play helps children learn how things work. Pretend play helps them think about possibilities & understand the minds of others. When younger children are taught, the play part of their brain shuts down & they only learn exactly what you teach them. When it's a game & when you stop instructing, they explore & absorb much more. Let them explore!



OLDER THAN 6? TEACH THEM...

Children under 6 can't focus & they're not supposed to because they're busy exploring the world. After the age of 6, their brain starts to develop some control - now is the time to begin balancing their natural exploration with practice. However, be patient. Teach them a skill, let them imitate, & then you correct them!



TEENS NEED GUIDANCE...

They need motivation, not more homework & extracurricular activities. They need to build skills, achieve goals, & put that energy to use so the "control" system of their brain can align with their motivation to achieve rewards. Now is the time to learn how to learn without you & that means real world experience. Guide them with rewards, not criticism!

